



## **POP Reflection Questions**

### **Know Yourself**

- Is it easy for you to work with classmates? Why or why not?
- Do you think it is easy for classmates to work with you? Why or why not?
- What new things are you learning or have you learned about yourself during your career exploration?
- How does what you know about yourself guide your decisions about strategies you use or careers you choose to explore?
- How do your personal traits (strengths, values, beliefs, etc.) guide your career exploration selections?
- Do your perceptions of yourself match those of others (parents, friends, teacher, etc.)? Why or why not?
- What traits do you value in your friends, family and people you meet?
- What kinds of situations inspire you: challenging, easy, exciting, out of the ordinary, etc.?
- In what ways do you make connections between who you are and the careers you are exploring?