



POP Reflection Questions

On-Task

- How is completing this task helping you with your career exploration?
- In order to experience a career you need to try out 'real-life' tasks related to that career. What means of exploration did you use? What could you have done in addition to this to get an authentic sense of the career you explored?
- What did you do when your process was not producing the information you wanted?
- What other sources of information could you have used?
- Explain how one could best go about: interviewing an expert, researching the POP Index, using a tool kit, etc. How did you learn to do so?
- How do you know the information you have gathered is valid? What are some ways to verify the validity of your information?
- What does contact with mentors or meeting key people bring to an exploration as opposed to finding information on a website or in a book?
- How can you learn more about a career after you have researched it?