



## POP Reflection Questions

### Ponder

- How do you know when your career exploration is finished (aside from a deadline)?
- How did your feelings about this career exploration change from beginning to end?
- Pitfalls and drawbacks are tough—explain how you overcame any challenges in your career exploration.
- What motivates you to continue an exploration once it is started? Give examples.
- If you had to start over, what would change in your exploration process? Why?
- How does your exploration meet the established criteria?
- Some of your classmates used different strategies from yours in their career explorations. Name one strategy that you want to try in your next career exploration and explain why.
- What was the best strategy you used in this career exploration? What made it the best?
- What proof can you show that you used new strategies and resources this time? Describe what you did differently and why?
- How was your exploration process different from that of your classmates? What ideas does this give you for your next exploration?