



Date.....

Name.....



From Goals to Actions

Consolidates his/her personal profile:
Considers the personal commitments required to reach his/her goals

These are goals for ▶

Goals ▼

What do I want
to accomplish? ▼



Actions and strategies ▼

How can I get there? What can I
do today, every week, every month? ▼

Timeline ▼

When do I expect
to reach my goals? ▼

