



Date _____

Name _____

What Inspires Me?



Plans his/her exploration process:

Determines some of his/her fields of interests

What feelings or thoughts inspire me? ▼

What do I value? ▼

What do I like doing? ▼

Where do I see myself in the future?

What do I find interesting? ▼

What do I find challenging? ▼

What makes me feel confident? ▼

