

Date _____

Name _____



Plans his/her exploration process:
Defines the purpose of the exploration

What field or career are you exploring? ▶

Consider why you are exploring this career and how you might carry out the exploration:
Try to think of new and creative strategies and techniques ▼

#1 ▼

Why? (Reason)

How? (Strategy)

Have I tried this before?

Yes

No

#2 ▼

Why? (Reason)

How? (Strategy)

Have I tried this before?

Yes

No

#3 ▼

Why? (Reason)

How? (Strategy)

Have I tried this before?

Yes

No

Select one important reason and strategy and explain why you have decided to use it ▼

I will use reason and strategy #..... because ... ▼

Some of the risks or unknowns I may be faced with when applying this strategy are ... ▼