



Eaton Valley CLC

Your Community Learning Centre

Week of Adult Learning Celebrated!

Snow, sleet and rain didn't keep several dozen adult learners from attending a party in their honour at the Eaton Valley Community Learning Centre (CLC) on Friday night, April 4. As part of Quebec's Week of Adult Learning, the CLC hosted an event to both celebrate and thank the numerous adults who have been actively participating and contributing to the success of the CLC since it was launched last May.



A few of the prize winners. Back row – Muriel Watson, Mike Coates, Durwood Dougherty; Front: Irma Chapman, Beth Strapps, and Karen Blouin, all of whom have been involved in activities of the Eaton Valley CLC.

Thanks to CLC partner and event co-host Literacy in Action, attendees were invited to add their name to several prize drawings for each of the different learning and project areas, with winners awarded beautiful books related to the theme of the activity in which they were involved. Not only have these adults taken part and contributed to the CLC's numerous activities, they are sending a powerful message to students about the value (and pleasure!) of lifelong learning.



Luck of the draw: Principal Luc Rodrigue with Lise Cote-Dougherty, teacher and Farms Alive! project coordinator.

Many activities rely on volunteers or on partnerships with community organizations including the Lennoxville & District Women's Centre, Townshippers' Association, Townshippers' Foundation, St. Paul's Rest Home and the Eastern Townships CEDEC. Congratulations to all who have participated in and contributed to learning at the Eaton Valley Community Learning Centre!

DATES TO REMEMBER:

- **April 16:** Watercolour Painting starts 7 p.m.
- **April 22:** Heart Health Telehealth rebroadcast 1:30 p.m.
- **April 23:** Care-Givers Support Group Meeting
- **Tuesdays:** Internet Café and Lifelong Learning Collection 7–9 p.m.
- **Wednesdays:** Lifelong Learning Collection 11 a.m.—noon
- **Thursdays:** Scrapbooking 7–9 p.m.

CAREGIVERS SUPPORT GROUP STARTS

Are you taking care of an elderly parent? An ailing friend or neighbour? A handicap child? This may be for you!

After a positive response to an initial meeting at the CLC, volunteer organizers Valerie MacLeod and Sharon Moore are pursuing the development of an Eng-

lish-language support group for natural caregivers. The goal is mainly to give caregivers a chance to share with others in a similar role and, if there is interest, to learn about available resources. Initiated by a grant from the Community Health and Social Service Network (CHSSN), through Town-

shippers' Association and in collaboration with the Weedon C.A.B., the idea for the group came from a need identified within the community.

All are welcome - RSVP required. Call Valerie MacLeod (819) 872-3642 or Sharon Moore at (819) 837-2643 for further info.

The Eaton Valley Community Learning Centre is a collaboration of Pope Memorial Elementary & New Horizons Adult Education Centre of the Eastern Townships School Board





Watercolour Painting

Under the tutelage of renowned local artist Denis Palmer, a 10-week watercolour painting course is scheduled to begin at the CLC on Wednesday, April 16 at 7 p.m. Those who took the previous painting course will have the opportunity to build on what they learned in the fall session and those new to the world of watercolour can begin to develop their artistic talents in this medium. The cost is \$90 plus materials. To register or find out more, contact Denis Palmer at (819) 889-2549.

Heart Health: Telehealth session!

Want to learn more about taking care of your heart? The recorded tele-health videoconference session on Heart Health will be shown at the CLC on Tuesday, April 22 beginning at 1:30. Call (819) 570-7255 to RSVP.



Your Health: What would you like to know?

Are there specific health topics or concerns you would like to learn about?

This past year, tele-health information sessions offered through the CLC included Bullying, Ar-

thritis, Cancer Awareness and Menopause but there are many more possibilities! Please help us!

For any suggestions, please call Shannon Keenan, local contact for the provincial Community Health and Social Services Network (CHSSN) at Townshippers' Association (819) 566-5717.



SCRAPBOOKING

NOW ON THURSDAY NIGHTS! 7 PM AT THE CLC
A NEW SCRAPBOOKING SESSION WILL RUN THROUGH
TO JUNE 19TH. TO REGISTER (\$10 FOR THE SESSION)
OR FOR MORE INFO CONTACT VOLUNTEER AND
SCRAPBOOKING EXPERT

RUBY PEHLEMANN AT 819-872-3616.

NEW BOOKS AVAILABLE TO BORROW!

Thanks to donations from Literacy in Action, the Lifelong Learning Collection at the CLC now includes these books (amongst many more!):

- Setting Limits With Your Strong-Willed Child by Robert J. MacKenzie, Ed.D.
- Children The Challenge by Rudolf Dreikurs, M.D. with Vicki Soltz, R.N.
- Kids Are Worth It by Barbara Coloroso
- Positive Discipline by Jane Nelsen, Ed.D.

The collection is open Tuesday evenings 7—9 p.m. and Wednesday mornings 11—noon.

On-Going Activities

Among the numerous activities at the Eaton Valley CLC are:

- **Weekly Internet Cafés**—every Tuesday evening from 7—9 p.m. in the Community Room.
- **Farm's Alive! Project** facilitated by Lise Cote-Dougherty. This project will continue this spring and into the fall linking students to seniors willing to share their rural life and / or farming-related skills. Among the learning clusters underway or complete are quilting, embroidery and maple sugaring. Coming soon are bread making, dairy farming and ice cream-making—yum!
- **Basketball Camp** weekly, every Monday evening for grades 5, 6 and secondary 1 & 2, thanks to Richard Grey of the *Bury Athletics Association*.
- **After-school Sewing** for grades 4, 5, and 6. The grade 6 participants are sewing their own outfits for June graduation. This is offered thanks to volunteer Martha Levesque, her dedicated parent-volunteers, the *Lennoxville & District Women's Centre* and *Machine à Coudre de L'Estrie*.

Eaton Valley CLC

...because a learning community is a healthy community!

The Eaton Valley Community Learning Centre supports locally-driven initiatives leading to a healthy, dynamic, and sustainable community. Our CLC works with the community to build a culture of lifelong learning.

What is a CLC? A Community Learning Centre is a way of responding to community needs by working in partnerships to benefit students, families and the community at large. Our CLC is currently overseen by a dedicated steering committee including community members, teachers, community partner organizations, principals, and the coordinator. We welcome your feedback!

*Tout le monde est bienvenue aux activités et cours du Centre scolaire communautaire
mais il est à noter que les présentations se donnent normalement en anglais.*

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