

Gros Mecatina Times

HERITAGE CELEBRATION AT MECATINA SCHOOL

Melinda Gallichon, Teacher



Photo: Russell Robertson sharing his skills on how to make a lobster pot

Students and Community members of Mecatina School were treated to a bit of heritage March 5, 2008. In conjunction with Mecatina CLC, Quebec Labrador Foundation and the Social Development Animator of Gros Mecatina, a heritage celebration was organized.

Four members of our community each made a presentation that had a heritage theme. Mr. Russell Robertson at the age of 89 (see above photo) very capably demonstrated to the audience the making of a miniature lobster pot. The students had many questions for Mr. Robertson and he very patiently answered each one.

Mrs. Lorraine Green explained the process of making quilts. She brought a beautiful one to show to us. The Grades 4, 5 & 6 students displayed their paper quilt, which we hope one day to make into a real quilt!

Mr. Ivan Smith brought in a komatik and very adeptly explained the process of construction. He also welcomed students to visit him at his shed to see more of the things he does.

Last but not least, Mr. Jamie Robertson demonstrated his jam preserves, all of which are made using locally available berries. The students thoroughly enjoyed this, especially the tasting part!

A BIG thank-you goes out to all of you for sharing your expertise with us. It is wonderful that our students got to experience a bit of all those things are so important to our life here on the Lower North Shore. We hope that those traditional skills will not die out. Also, thanks to Monica Anderson, QLF, Tara Bobbitt, Social Development Animator and Juanita Jones, CLC Development Officer, for helping make all this happen.

Photo: Lorraine Green



Photo: Ivan Smith



Photo: Jamie Robertson



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- C.D.L.S. providing sports & leisure Activities for our Youth

BORN TO READ CELEBRATION



Photo: Parent sharing her views

On January 27, 2008 the Mecatina School & Community Learning Centre hosted a Born to Read Celebration. The Celebration welcomed newborns (0-2), siblings and parents into the library to learn more about the gift of reading to children, even at the earliest of age.



Photo: Story-time with Juanita

The Born to Read Celebration began with warm welcome wishes to parents and their chil-

dren from Mr. John Weideman, Principal and Ms. Tanya Poole, Library Coordinator.

Ms. Melina Shattler, a parent volunteer, shared her first hand views on the importance of reading early to children. Exciting stories were read to the children by Juanita Jones, MCLC Coordinator. Following the story-time, siblings participated to a fun colouring activity.



Photo: Story-time with Melina

Thanks to the generosity of the Quebec Federation of Home & Schools Association (QFHSA), parents received a beautiful Born to Read bag which included wonderful books for newborns. Siblings were also provided with a book to take home which was donated by the Mecatina School Library.



Photo: Parents receiving bags

Ms. Tanya Poole, Library Coordinator provided parents with a library card and schedule inviting them to visit the library and use its resources. This fun-filled event was a great success in which 7 children, 9 parents and 5 volunteers came together to celebrate and learn more about early childhood literacy. Thank you to everyone who assisted in anyway.

Born to Read Coordinators

Tanya, Juanita & Melina



Photo: Children receiving a book

FAMILY LITERACY DAY AT MECATINA



Family literacy refers to the many ways families develop and use literacy skills. Family Literacy Day is a national initiative developed to celebrate the importance of reading and learning as a family.

The friends of the Library organized a fun-filled family lit-

eracy day activity on January 29, 2008.



The entire school took part in literacy activities, including PACE, PreK and Kindergarten. Each student was invited to bring in a family member or family friend to join in. Activi-

ties included a Sing Star Challenge and reading activities.

A special thank you to the Friends of the Library for making Family Literacy Day a great success.



Photos by: Tanya Poole

A TEDDY BEAR STORY HOUR



Following the Born to Read Celebration in January 2008, parents expressed their interest to continue learning more about early childhood literacy.

Parents and babies along with their brothers

and sisters were invited to join Tanya Poole, Melina Shattler, & Juanita Jones for a "Teddy Bear Story Hour" in the Library of Mecatina School on March 27, 2008. Parents and children participated in engaging activities such as signing songs, learning new rhymes and listening to stories.

A craft station was set up and children had fun making teddy bear finger puppets to take home.

The Teddy Bear Story Hour was a success. We look forward to offering two additional workshops from now until the end of June 2008. The next workshop will consist of a Spring Theme.



Public Speaking 2008!



Photo by: Kelly Anderson

This year's public speaking festivities were a huge success. From the classroom competitions to the Regional Event, once again the students of the Littoral School Board have shown their talents when it comes to the art of speaking in public.

Public speaking is a wonderful event in that each student is able to express their opinion on a topic of their choice. If chosen by a panel of judges, then they move on in the competition until they reach the Regional Level. Here, all the winners compete for a plethora of prizes, including a round trip ticket to Sept-Îles, provided by the Littoral School board.

For the students who

participate in public speaking, although it is nerve-racking, it is also a wonderful experience that those involved will not soon forget. The dedication and the hard work of both the students, and the people who are involved is both amazing and heart warming.

This year's public speaking was no exception. I think that it was the toughest competition yet. It was extremely difficult for the judges to determine the local winners, and for those who judged the Regional Competition, my hat is off to you because the task was certainly daunting. Each and every year the students who come to participate are making this a fierce competition to judge. As a teacher, and the organizer, it is fabulous to see so many hard

working students who are so dedicated. It is also nice to know that we have so many students who are more than willing to get up and speak their minds about topics that concern them.

This year's Regional Public Speaking Competition was a huge success. We had schools that came to our community from up and down the Coast. We had participants from Blanc Sablon, St. Paul's River, St. Augustin, Mutton Bay, Harrington, Chevery, and of course here in La Tabatiere. We had a total of eighteen participants, and one guest speaker. I think that it is fabulous how these students, along with their teachers, principals, and parents, show their dedication to this competition. Some travelled many miles to be here just for this event, and without their support, none of it would be possible.

We also had an excellent panel of judges who had the very difficult job of determining the winners of the competition. These students are the best of the best, and they do not make the job of judging an easy one to do.

Carrefour Jeunesse-Emploi Visits Mecatina

During the Coasters Association's coastal tour, the Carrefour Jeunesse-Emploi of Duplessis, service point Blanc-Sablon was able to accompany them to three villages, namely St-Augustin, La Tabatière and Chevery.

We stopped in La Tabatière on the 25th of February 2008 and I was able to give a presentation to the grade 10 and 11 high school students. During this presentation, I took time to explain what the Carrefour Jeunesse-Emploi of Duplessis was, our location and the services offered. I then spoke about international and inter-provincial stages and what or what not to put in your resume. The last thing we discussed was the opening of a coop in action in La Tabatière and the usage of Internet applications like Facebook, My Space, MSN, etc.

There was a lot of interest in the Internet applications and the fact that a lot of employers now go

on these sites to get further information on a person. I also talked about the Coop in Action project that the Carrefour would like to implement next summer with the kids between 12-17 years of age. It's a big project but I'm sure if there's interest from the students and the population, this project could benefit all the participants and the population.

In summary, I really enjoyed the experience of discussing these topics with the youth, it was a lively discussion and they really made me feel at ease in the classroom and made me feel comfortable. It was a wonderful experience that I would love to relive again any other time the chance arises. Thank you so much grade



Melissa talking with Students

10 and 11 students for your great support and listening and also to Juanita Jones and Mr. Weiderman for giving me the chance to do this wonderful presentation in Mecatina School.

Mélissa Lawless
Work counsellor
Carrefour Jeunesse-Emploi
of Duplessis,
Service point Blanc-Sablon

"I really enjoyed the experience of discussing topics with the youth, it was a lively discussion and they really made me feel at ease in the classroom and made me feel comfortable"

Lennoxville Vocational Centre Exchange

On February 4th, 2008 my POP and Career Choice students had the opportunity to meet with the teachers from Lennoxville Vocational Centre. This session was open to all secondary three to five students who were interested in pursuing programs offered at this centre.

This was possible through the VCN network. All the programs offered at this centre were explained in detail, to the students and then the students were given the opportunity to ask questions.

The session was very informative and

our Mecatina students had the opportunity to meet and interact with the teachers from the vocational centre. The students really appreciated such an opportunity.

Alice Collier, POP Teacher

Lower North Shore Students are on a Career Quest

LNS Secondary students are on a Career Quest! The goal of the Career Quest program is to help Lower North Shore youth to be as prepared as possible for their future through career education. The Netagamioi Community Learning Centre and its partners have made a commitment to help increase exposure of students to diverse careers and, in particular, to increase students' awareness about potential LNS careers.

Netagamioi CLC started the Career Quest program in February and has since hosted 2 out of 4 Career Quest sessions with Mecatina and St. Paul's CLCs. To date students from Mecatina, St. Paul's, and Netagamioi schools have enjoyed presentations and the opportunity to ask questions about the following careers: Wildlife Management: Guide, Fisher, Trapper, Wildlife Officer, and Transport: Marine 2nd Mate, Heavy Equipment Operator and Airport Ground Control Crew. Students and teachers would like to extend a heartfelt thank you to Tom Anderson, Danny Osborne, Cecil Anderson, Wilson Evans, Hiram Ransom, Michael Gallichon, and Larry Shattler for generously sharing your

time, expertise, and advice with students.

Students who participated had the following feedback about what they liked, *"I liked... Hearing about different types of jobs & qualifications needed... Learning about all the aspects of the different jobs... It was a good experience and I got to learn about job options that I didn't even think about doing before... I find that putting 3 schools together in a session is a great idea. It is a great way to learn new things"*.

Overall, students say they would like the Career Quest to happen more often because they think it was a good experience, something they really enjoyed and are looking forward to future sessions. It is wonderful for students from the different LNS communities to be able to learn together about and from professionals who are working in the region. This is just one great example of how the three LNS Community Learning Centers are working together for the benefit of all our students. Rest assured, there are many more careers to explore and although there will only

be two more before the end of this school year... there will be lots more next year starting in September. Anyone who would like to have more information about the program and/or get involved by i.e. doing a presentation about your career is welcomed to contact the Netagamioi CLC at netagamioi-clc@hotmail.com



*L-R Wilson Evans, Cecil Anderson, Danny Osborne.
Not seen Tom Anderson present at the first Career Quest*

Ana Osborne, NCLC Development Officer

Champlain College Exchange

On April 28, 2008 secondary 4 & 5 students from Mecatina School participated to a video-conference exchange with Champlain College. Parents and students were invited to learn more about the college, the programs of-

ferred, lodging, etc. St. Paul's students participated as well. We would like to thank Champlain for taking time to talk with our students. It was an important exchange because three students from Mecatina are planning to pur-

sue their post-secondary education at this college.. We are in process of planning additional exchanges with post-secondary institutions in the near future.

Seven Students Complete Babysitting Course



The Mecatina CLC wishes to inform the population that seven students completed a 23 hour babysitting course. The intensive course covered first aid, dealing with babies & school-age children, preparing meals as well as practice sessions and a final exam. We would like to thank the CSSSBCN, Netagamiou CLC, First Responders, Coaster's Association, parents and everyone who assisted in any way to provide this opportunity for our youth.

Congratulations to following students who are now Mecatina CLC Certified babysitters:

- Jessica Poole
- Alexandra Mercier
- Michelle Gallichon
- Randi Jones
- Loren Wilcott
- Jaida Wellman
- Melanie Robertson

Juanita Jones
MCLC Development Officer

Virtual Nutrition Workshop

On March 10, 2008 parents and community members participated to a video-conference session with Myrite Rotstein. Myrite Rotstein is a Health Counselor who works to inspire, empower and support health & wellness goals. The Mecatina

Community Learning Centre is currently in contact with Myrite and exploring the development of future sessions which promote healthy eating.



Health Week at Mecatina

Health Week was recognized during March 10-14 across the region to promote healthy living in our schools and communities. Some classes produced healthy living posters and displayed them around the school and in prominent areas around the community. Topics included:

healthy eating, active living, and anti-smoking. Also, secondary students utilized the pedometers supplied by the CLC to help track their physical activity for the week.

International Women's Day

International Women's Day (March 8th) is a day made by women groups all around the world! In many countries, it is a national holiday. Women from all over the place come together to celebrate this interesting day, looking at equality.

It is for the great women historians that proved us women (technically not me) are equal to men. Just because boys can do things well doesn't mean girls can't!

The most important events for interna-

tional women's day are:

In 1909, according to the Socialists Party of America, the first women's day was in America on Feb. 28, 1913.

In 1911, the International Women's day was marked 19th in Denmark, Austria, Germany and Switzerland. There were more than one million women and men who went to the rallies.

In 1913-1914 women's day was on the last Sunday of February, but (in Europe)

the next year it was on or around (I'm not really sure) March 8th.

In 1917, with two million Russian soldiers dead, Russian women put women's day on the last Sunday of February. And some how all of that leads to International women's Day on March 8th! (My birthday).

By: Amanda Robertson, Grade 5

Mecatina Cup Volleyball Results



Having fun on the volleyball court!

Our School recently hosted the Mecatina Cup Volleyball Tournament, playing host to Netagamiou and St. Paul's schools. The awards ceremony, catered by parents' of our team players, was held at the Community Hall.

Congratulations to our Mixed Team for winning the Mixed Championship, and to our Boys Team for their

silver medal. Team members are as follows: Joey McKinnon, Alex Bateman, Malcolm McKinnon, Sancho McKinnon, Michael Depres, Pierre-Yves Letellier, Jamie Bobbitt, Matt McKinnon, Kristi Lavallee, Charlene Gallichon, Bailey Buffitt, and coaches: Jolene Bateman and Kenneth Collier.

Thanks to parents, teachers, and students for your contribution to making the tournament a success, and a special thank-you to Jolene and Kenneth for their coaching and tournament organization.



Gary Sooley
Mecatina School



Success isn't something that just happens - success is learned, success is practiced and then it is shared.

-- Sparky Anderson

DUKE OF EDINBURGH'S WINNERS



For immediate release

A PRESENTATION OF SILVER AWARD CER- TIFICATES BY THE LIEUTENANT- GOVERNOR OF QUÉBEC

Quebec city, April 30, 2008 - Sixty young people coming from all over the province have received on April 26 their Silver Award certificates of The Duke of Edinburgh's Award from the hands of **The Honourable Pierre Duchesne, Lieutenant-Governor of Québec** at the Hôtel du Parlement de Québec.

Among these young people, Sancho McKinnon and Jessica Poole from Canadian Junior Rangers La Tabatière Patrol received their Silver Award certificate.

The Duke of Edinburgh's Award is an International award program designed to emphasise young people's contribution to society. It regroups nearly 700 000 young people from more than 125 countries, including 3,000 Quebecers. This program offered to all young people between the ages of 14 and 25 gives them the opportunity to perform activities and to appreciate new experiences while discovering and widening their abilities as well as permitting them to make an important contribution to society. The Program is highly acclaimed in the industry because it offers young people new ways of life they don't necessarily have the chance to acquire by themselves: teamwork, decision making, motivation and problem solving, to name a few.

To obtain one of the three Awards (Bronze, Silver or Gold), the participants must undertake personal challenges in four sections: service, adventurous journey, physical recreation and skill. To qualify for the Silver level, participants must involve themselves for a minimal period of 60 hours in their community, practice a skill for 12 months, spend

40 hours of physical fitness through 20 weeks and participate to an adventurous journey of 3 days and 2 nights.

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Information:

Rudy Allen, Programme Coordinator

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Photo: Jessica receives award from the Honourable Pierre Duchesne



Photo: Sancho receives award from the Honourable Pierre Duchesne

Helping Your Child with Organizational & Study Skills with Carolyn Melmed

A series of two parent workshops were offered at the Mecatina Community Learning Centre. The focus of the workshops was helping your children with organizational and study skills.

The first session took place on February 6, 2008 &

the second session took place on April 08 in which a total of 8 parents participated.

These interactive workshops provided an opportunity for parents to ask questions directly to the speaker. We received posi-

tive feedback from participants and hope to continue more of these types of session in the future.

A special thank you to Carolyn Melmed for her great presentation.

MARINE EMERGENCY DUTIES-A1 & A2

Raoul Hache came to La Tabatière and Mutton Bay to give the Marine Emergency Duties A1 and A2 course in March of 2008. We had a total of 14 people follow this course from our Municipality. The course was really enjoyed by the group.

Marine Emergency Duties is a mandatory course which is com-

prised of classroom demonstrations and practical in-water exercises. Transport Canada will issue fines this summer if crew members do not have this certification.

We are happy to report that all 14 people passed the course with success. Thanks Raoul for making the course enjoyable for our popu-



Photo: Raoul Hahe and Stephen Gallichon

lation. Best of luck with the upcoming fishing season.

Fay Collier, Adult Education Animator

Learning is a treasure that will follow its owner everywhere. ~Chinese Proverb

Four Community Members Visit Italy

Four community members from La Tabatiere had the wonderful opportunity to visit Italy in March of 2008. The group from La Tabatiere went on a 9 day Explorica Educational Tour to Italy visiting Rome, Florence, Venice and Milan. Fay Collier explains that they were grouped with 31 people from New York and 12 from New Jersey. "Our trip was nothing short of awesome! Each day our itinerary was jam packed with activities."

The group visited major attractions such as: St. Peter's Basilica (Easter Saturday celebration with the Pope), The Sistine Chapel, Colosseum in Rome, Vatican Museum, Assisi, Bell Tower, Duomo



Photo: Fay, Carrie, Kyle & Pierre-Yves

(Santa Maria del Fiore), Spanish Steps, Ponte Vecchio and so much more.

Fay states, "Our memories from Italy will stay with us forever. Not only did we take numerous pic-

tures but we also made some great connections with our US neighbors. We recommend that more students and adults from our region take the opportunity to do international travel."

EF Tours and Explorica are two of the group tour packages that Fay Collier, Tour Leader, used so far. "We are already thinking about next years' travel and our sites are set on Germany, Switzerland and Austria."

Fay Collier, Tour Leader

"A journey of a thousand miles must begin with a single step." - Lao Tzu

Asset Building Community Development Workshop (ABCD) with Lisa Hadden

The Coaster's Association, in partnership with the Mecatina CLC, provided a interactive workshop on February 25, 2008. Lisa Hadden, *President & CEO, Healthy Community Partners, Saginaw, Michigan*, lead the workshop which focused on community assets and recognizing the gaps in regards to community development.

It was a great opportunity for local organizations to meet federal and provincial government representatives that were accompanying the Coaster's

Association on their coastal tour.

Attendance List:

Qu'anglo Communications, Office of the Commissioner of Official Languages, LEARN, CHSSN-Quebec, Coaster's Association, Quebec Labrador Foundation, CSSSBCN, Municipality of Gros Mecatina, CACN (aquaculture), Mecatina School & CLC, Adult Education, Realm, Gros Mecatina Senior's club, Local Bookkeeping Business

Juanita Jones

MCLC Development Officer

"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it's the only thing that ever has."

Margaret Mead

LA TABATIÈRE PREDATORS

The La Tabatière Predators had quite a season this year. The Predators traveled to Tête-à-la-Baleine, Harrington and Chevery to play hockey and they also played here in Tabatière, winning 3 of their 4 games. We are very proud of the Predators, they have shown so much interest and dedication to their team, practicing 4 days a week and traveling to other communities to play on the week-ends.

On April 25, the Predators were invited to attend an end of season supper at Ashley's Restaurant, sponsored by the CDLS. There was a presentation of 2 slideshows for them capturing moments from their games throughout the season. A team banner was also presented to the predators from the CDLS. Each

member of the Predators was presented with their personalized hockey card and a certificate. Medals were presented to Zackary Nadeau for "Most Dedicated", Hannah Organ for "Most Sportsmanlike" and to Jeff Hodgins for "Most Improved".

A special guest participated to the supper, Mr. Randy Jones, Mayor of the Municipality of Gros-Mecatina. Mr. Jones gave the kids words of congratulations and encouragement. We would like to express a special thank you to Chris, Brad and Owen, the coaches of the Predators for all the time they spent with the children. Also thanks to Jason and Neil for their help at practices and games. A



La Tabatière Predators 2008

Members:

- Tristan
- Trevor
- Fred
- Jeff
- Josh
- Brandon L
- Brandon O
- Rick
- Marianne
- Chloe
- Hannah
- Connor
- Victor
- Nico
- Brett
- Zack
- River
- Leah

huge "Thank you" goes out to Matt, Tyler, Malcolm and Jake, students of Mecatina School, for their help with the Predators during practices.

We are very pleased to see the enjoyment the kids had in their team and what they have accomplished this season. It was also great to see the community's interest towards our young team. We are looking forward to another great year in 2009.



Way to go Predators. Keep up the good work!!!

C.D.L.S. WINTER CARNIVAL



Egg Toss

On March 28 & 29 2008, the CDLS held its annual winter carnival. Friday afternoon of the 28 was a fun-filled afternoon for the children and we are very pleased to say that in collaboration with Mecatina School, it was a great day. The little peoples races (0 to 5 yrs) were held by Mecatina School staff members. There were races such as the hopping race, running race and more. The team events started out with the teams being formed and they had to create a flag and name their team. The teams were lead by Mecatina School staff members and made up of kids of various ages from kindergarten and up. There were a variety of races such as the sleigh relay, the egg toss , the scooter race and more. The games finished up with a game of ball hockey were everyone could play. In the evening there was a children's bingo followed by the awards ceremony. Medals and prizes were presented to the 3 top

teams and participation medals were awarded to all the other teams. The medals were presented by Madison Morency , our 2007 carnival princess. The awards were followed by a dance for the children to complete their day.

We would like to say a huge thank you to Mecatina School staff and students for taking part in our children's day event and making the day such a success.



Madison presenting medals

CDLS

Winning Teams

- **1st Place -Shady Crew:** Donna, Malcom, Loren, Cara, Hannah, Broch, Ocean , Nathan, Theresa
- **2nd Place -Bull Dogs:** Xin , Sunny, Jessica, Brandon L, Zach, Marianne, Amy, Kaelee L
- **3rd Place - Tigers:** Melinda, Matt, Joshua, Corey, Kiana, Brett, Natasha, Delaney, Felicity

A DOCUMENTARY OF THE LNS



Annette Belley

La Tabatiere – The first time I came on the Lower North Shore was in 1999. It was in the context of an exchange between two schools of photography that was initiated by Robert Baronet, teacher in College de Matane. We first went to Belgium for two weeks, and then went on the LNS. I was then in Mutton Bay for two weeks. It felt more exotic for most of us to come on the LNS than going to Belgium! In our own province but so different... From nude landscape, micro vegetation and big winds came an impression of virgin nature. The isolation of this area, because of the absence of a road, made this part of the Canadian territory intriguing and fascinating. Also, the fact that English, French and Innus communities live side-by-side personalized in an original way this area. This first experience on this territory put a heavy foot print in my mind.

I was then very happy to

get the chance to come back on the LNS, working on the Nordik the summer of 2006. That is where I heard a bit about the winter way of living here, with the Route Blanche, and I heard about tournaments and carnivals. I was told the Route Blanche make possible moves from towns to towns and generate effervescence in the very heart of the winter.

More recently, I came last fall for a two weeks stay and now I am here in La Tabatière for a month stay, from January 26th to February 25th.

The purpose of my two last visits is to develop a documentary film about the area here. Those tournaments I heard about evoked a lot of images in my mind: the contrast between rough elements of winter and the spaces become warm because of the people gathering into these events; the quietness of the nature on one side, and the sport rage and the parties on the other side, etc. These two stays were to make me know more about the LNS within the season of winter, to be able to articulate my project in order to find funds to make it. For this research, I got a grant from Quebec Art Council. These stays were to have the chance to participate to these events with the people, and getting to meet with them. I wanted to live here in the winter.

This project is a personal initiative. To do so, I have been looking for funds and partners. Until now, the QLF has been very helpful in giving me information about the Coast. Also Air Labrador helped in offering me the Group Fair. As I said I got a grant from the Québec Art Council. Many people here on the Coast have been of a big help until now.

My first goal during this current visit on the Coast was to meet with the

people. To do so, the very social context of the tournament seemed to me an ideal situation. So I snow-mobiled from town to town to take part to these events: La Tabatière, St-Augustin, Harrington Harbour et Chevery.

I am planning to come back next year filming through four or five stays. A small crew will be joining me: a cameraman and a soundman. The final project is not confirmed yet; I still have few people from here to speak with to confirm their participation to the project. In this film, I would like to show family values and the perpetuation of precious traditions from generation to generation that occur within four seasons: for example different kind of fishing, berry picking, ski-doo and komatik, trapping, winter and summer cabins, hockey, etc, within the actual context of the year 2000.

If I could offer the experience to work on a production of a documentary film to a person who desires to know about this kind of job, I would be very happy. This person could help as a contact person and also with the logistic of the different shootings. Also, I will possibly be filming in public spaces, always in a respectful way.

Annette Belley

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Local Advertisements



FREE RESUME BUILDING SERVICES

OFFERED TO OUR COMMUNITY

Do you need help creating the perfect resume and cover letter? The Carrefour Jeunesse-Emploi de Duplessis is your solution. For all you students out there, impress potential summer employers by submitting an up-to-date, professional resume.

Melissa Lawless, CJE Coordinator welcomes **anyone** who needs assistance to contact her. The service can also be given via MSN, E-Mail, by telephone, or any other way enabling her to help you work on your resume and all other services offered.

Other Services offered to the population:

- Information on all academic programs offered by educational institutions
- Assistance and training with presentation letters
- Interview simulations
- Information on current jobs in demand
- To find out employment potential within your region , and much much more!

For more information call toll free **1-877-461-2053** or by email at cjeblsa@globetrotter.net

ADULT EDUCATION & VOCATIONAL TRAINING



UPCOMING POSSIBLE VOCATIONAL PROGRAMS FOR OUR AREA:

Heavy Equipment Operator -2008
(Started)

Trucking- September 2008

Small Business Management- October
2008

Accounting-January 2009

Carpentry- November 2008 (La Tabatiere)

Construction Electricity-September 2009

Plumbing & Heating-September
2009/2010

Carpentry-October 2009

For More Information Contact:

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For More Information Contact:

Juanita Jones
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Promoting life-long learning

OUR MISSION:

The Mecatina CLC as a collaborative organization comprised of united partners working toward the development of sustainable opportunities which promote life-long learning.

By working together the partners strive to maintain & develop quality ***educational, cultural/linguistic, social-economic, sports and leisure, entrepreneurial/career, & health*** services/activities which respond to the diverse needs of the community at large.

The Mecatina CLC recognizes the future potential of the community it serves, and promotes the effective use of local skills and resources, thereby evoking a sense of enthusiasm and pride for the community in which we live.

EXTRA HELP AVAILABLE FOR SECONDARY STUDENTS

Extra help for various subjects is available for Secondary Students from Monday to Friday. Teachers welcome students to use this resource and are always eager to help. See schedule below for details:

Subject	Teacher	Available Times
English: Sec. 1-5	Kelly Anderson	Monday to Friday- 3:00 to 4:00 pm
Math: Sec. 1-5	Sunny Tam	Monday to Friday- 3:00 to 3:30 pm
French (FSL): Sec. 1-5	Josée Perrier	Monday to Thursday- 3:00 to 4:00 pm
Science: Sec. 1-5	Xin Pan	Tuesday & Thursday-3:00 to 4:00 pm
Economics 514: Sec. 5	Alice Collier	Monday- 3:00 to 3:30 pm
History 414: Sec. 4	Alice Collier	Tuesday-3:00 to 3:30 pm
History: Sec. 3	Alice Collier	Wednesday- 3:00 to 3:30 pm
History: Sec. 1-2	Alice Collier	Thursday-3:00 to 3:30 pm

Homework Assistance Program

A Homework Assistance Program is available for primary students and secondary 1 & 2 students of Mecatina School

Ms. Jenni Wellman, Homework Assistance Coordinator, can assist students with all subjects .

The program runs **Monday to Friday from 2:55 to 3:25 pm** in the computer lab.

Students are encouraged to use this service.