

Dear Learn Quebec,

Before starting the story of the great experience I had at Encounters with Canada I would like to thank you sincerely for sponsoring my week at Encounters With Canada. I would also like to apologize for the tardiness of this letter.

Where shall I start? The expectations I had for EWC were different than what I actually lived. I was expecting to have an enjoyable time but I didn't expect to enjoy it as much as I did. The week I chose was Medicine and Health and I don't regret it at all. The activities we did such as workshops were really interesting. The day we did the workshops I chose midwifery and art therapy. Art therapy was completely new to me and I learned that it is more precise than I thought. Even though it was all about expressing your feeling using art, the way the therapist explained her thoughts was very precise. Midwifery was one of my favourite things, this career always interested me and now after going it's an even bigger interest of mine. Although I really found the workshops really interesting, my favourite part was going to Montfort Hospital. Seeing how real medical practitioners work every day was very entertaining to me and it also showed me that medicine is definitely the path I want to follow.

I really enjoyed that encounters wasn't just about our theme but also about the History of Canada. We were able to visit our capital city, Ottawa which was very interesting. We also got to visit the temporary Senate of Canada which was very enlightening and architecturally beautiful. On Thursday night we were able to choose an activity we wanted to do, I decided to go ice-skating on the Rideau Canal which was actually very amusing. The temperature was perfect therefore we weren't too cold or too hot.

Before I left for EWC friends that had already went before told me that you really build friendships over there and you might cry when you leave and I didn't believe them. I thought I was going to make friends but not as close as it was actually. The people that go to EWC have one major similar interest which is Health and Medicine in my case, therefore friendships built themselves easily. I made friends there that I am still in contact with and will probably stay in contact with for a long time. The activities I did there were unbelievably fun but the people I met there were simply amazing and as my friends warned me, I did cry when I left.

My experience at Encounters with Canada was one of the best experiences of my life and I recommend it to everybody that is thinking of going. I am very grateful for Encounters with Canada and Learn Quebec for making this experience possible.

Noemy Savard, Metis Beach School