

		ELEMENTARY CYCLE THREE	SECONDARY CYCLE ONE	SECONDARY CYCLE TWO	
				Beginning of Cycle (Sec III)	End of Cycle (Sec IV and V)
SELF-KNOWLEDGE (three aspects) 	Personal	INTERESTS AND APTITUDES Produce a description of himself /herself in terms of interests and aptitudes TURNKEY MATERIALS SUMMARY SHEET RECORD-KEEPING TOOL	SENSE OF SELF-EFFICACY (SSE) Select examples where his/her attitudes, behaviours or perceptions contribute to maintaining a sense of personal competency TURNKEY MATERIALS SUMMARY SHEET RECORD-KEEPING TOOL	DRAFT OF PERSONAL PROFILE Develop a draft of a personal profile based on his/her interests, aptitudes, aspirations and values TURNKEY MATERIALS SUMMARY SHEET RECORD-KEEPING TOOL	REVIEW OF PERSONAL PROFILE Organize what he/she has learned about himself/herself in order to review and adjust the personal profile as needed TURNKEY MATERIALS SUMMARY SHEET RECORD-KEEPING TOOL LIFE PROJECT Anticipate the process involved in producing a draft of one or more future projects (personal, career or community) TURNKEY MATERIALS SUMMARY SHEET RECORD-KEEPING TOOL
	Social	SOCIAL INFLUENCES Select examples where his/her attitudes, behaviour or values are influenced by others, and examples where he/she influences others TURNKEY MATERIALS SUMMARY SHEET RECORD-KEEPING TOOL	FIELDS OF INTEREST Develop a portrait of what does or does not interest him/her inside or outside school TURNKEY MATERIALS SUMMARY SHEET RECORD-KEEPING TOOL		
	Educational	STUDENT DUTIES AND WORK METHODS Compare the work methods and duties of a student with those observed in the world of work TURNKEY MATERIALS SUMMARY SHEET RECORD-KEEPING TOOL STRENGTHS IN THE PROCESS OF TRANSITION Select various personal characteristics that will be useful in preparing for the transition from elementary school to secondary school TURNKEY MATERIALS SUMMARY SHEET RECORD-KEEPING TOOL	ACADEMIC SUCCESS Develop a description of the academic and personal strengths that contribute to his/her academic success TURNKEY MATERIALS SUMMARY SHEET RECORD-KEEPING TOOL		
KNOWLEDGE OF THE WORLD OF SCHOOL 		QUÉBEC SCHOOL SYSTEM Compare the differences and similarities between the different paths to qualification in the education system TURNKEY MATERIALS SUMMARY SHEET RECORD-KEEPING TOOL PREPARATION FOR ACADEMIC CHOICES IN SECONDARY CYCLE TWO Anticipate choices for Secondary Cycle Two based on his/her fields of interest and academic aptitudes TURNKEY MATERIALS SUMMARY SHEET RECORD-KEEPING TOOL	IMPACT OF CHOICES ON EDUCATIONAL PATH Anticipate how personal and academic choices influence the pursuit of his/her studies TURNKEY MATERIALS SUMMARY SHEET RECORD-KEEPING TOOL	PREPARATION FOR POST-SECONDARY TRANSITION Self-regulate in order to prepare for post-secondary transition TURNKEY MATERIALS SUMMARY SHEET RECORD-KEEPING TOOL	
KNOWLEDGE OF THE WORLD OF WORK 		OCCUPATIONS OF PEOPLE IN HIS/HER COMMUNITY Develop a description of the occupations of people in his/her community TURNKEY MATERIALS SUMMARY SHEET RECORD-KEEPING TOOL	ACADEMIC PREFERENCES IN RELATION TO THE JOB MARKET Select occupations that match his/her academic preference TURNKEY MATERIALS SUMMARY SHEET RECORD-KEEPING TOOL	OCCUPATIONAL PREFERENCES AND PERSONAL PROFILE Select occupational preferences that correspond to his/her personal profile TURNKEY MATERIALS SUMMARY SHEET RECORD-KEEPING TOOL	PERSONAL PERCEPTIONS AND THE REALITY OF THE WORLD OF WORK Verify personal perceptions regarding the reality and requirements of the world of work TURNKEY MATERIALS SUMMARY SHEET RECORD-KEEPING TOOL